

## Energy Cycling Club, Membership Application Form.

We are pleased to welcome you to our Club. To ensure that we have the correct contact details for you, please insert the information requested below, return this form and annual membership fee to:

Huw Whyte (Membership Secretary) Penmaen, County Road, Penygroes, Caernarfon, Gwynedd, LL54 6EY

### Membership Fees per year.

Family Membership £20.00

Individual Membership £10.00

Student, Junior & Juvenile £5.00

Second Claim Membership £5.00

Please make cheques payable to: Energy Cycles Club.

If you are under 16 please ask a parent to sign this form before it is returned.

We will also use this information to ensure that you are kept informed about club events.

### Personal Details.

Name	
Address	
Telephone Number	
Mobil	
Email Address	
Gender	Male/Female
Date of Birth	
Signature & Date	

### Cycling Information.

Have you taken part in much cycling before? Yes  No  (if so please specify below):

What type of cycling are you interested in, and what type of cycling would you like to develop whilst a member of Energy Cycling Club?

### Medical Information.

Please detail below any important medical information that the club should be aware off (e.g. epilepsy, asthma, diabetes etc.). Medical condition (s) and recommended treatment/actions to be taken if symptoms appear:

### Emergency Contact Details:

Please indicate below the person who should be contacted in case of an incident/accident

Contact Name:

Relationship to you:

### Emergency Contact Numbers:

Home:

Mobile:

Junior and Schools Membership.

We welcome all youngsters into the sport of cycling. However due to the nature of the sport there are inherent dangers. Please note all our Club rides and road events are held on public highways where we mix with other road users.

Emergency Contact Details (To be completed by parent).

Please indicate below the person who should be contacted in case of an incident/accident

Contact Name:

Relationship to Child:

Emergency Contact Numbers

Home:

Mobile:

Notes

It is the young person's responsibility to participate in cycling activities in a sporting manner.

Any young riders who persistently misbehave or put others in danger will be asked to leave the Club.

It is the parent's responsibility to ensure that their child's bike is in a safe condition to ride.

A correctly fitting cycling helmet must be worn at all times during all cycling activity.

Over 14s may be involved in sessions that take place on the public highway. Young people are only invited to take part when the Club feels they are sufficiently responsible for their own actions and have developed the necessary bike handling skills and fitness levels in order to cope with riding on the public highways.

Parental Consent

I, being the parent of:

have read the information contained on this form and hereby consent to him/her taking part in the cycling activity sessions, and understand and agree that he/she participates in cycling activity sessions entirely at his/her own risk.

I have considered the nature of such sessions and have discussed them with him/her. I am satisfied that he/she is sufficiently responsible and competent to assume full and entire responsibility for his/her own safety. I confirm that he/she does not have any disability or medical condition (not disclosed overleaf) that could affect his/her ability to participate safely in cycling activity sessions.

By returning this completed form, I agree to the child named above taking part in the activities of the club

I understand that I will be kept informed of these activities - for example timing and transport details

I understand that in the event of any injury or illness all reasonable steps will be taken to contact me and to deal with that injury/illness in an appropriate manner.

Name of Parent:

Signature of Parent:

Date: